

KANSAS STATE ROAD RACING RECORDS & HONOR ROLL

INTRODUCTION

This is the Eighteenth Edition of the Kansas State Road Racing Records and Honor Roll. This is the First Edition loaded on the internet. It is a compilation of the best road race times run on certified courses in the State through the end of 2006. However, not all race results were submitted to the State Statistician, so check the list of races following each "Distance" Honor Roll.

Our primary objective in making this data available is two-fold:

- (1) To give more recognition for racing achievements by our Kansas runners
- (2) To give more publicity to the Kansas racing scene for the hard work of both runners and the Race Directors & Sponsors.

Although not a lot of national or world class times have been run on Kansas roads, still a lot of high quality performances have been achieved.

A secondary objective is to encourage all Race Directors and/or sponsors to certify their race courses and submit the race results to the State Statistician. This provides publicity for the race itself as well as for the top achievements of all runners around the State regardless of the size of the race event. The certification of race courses assures all runners that they are running a course that is legitimate and accurate, whether it is for State recognition or for their own personal records or objectives.

Submittal of results to the State record keeper is critical; we are aware that there have been some excellent times run on Kansas certified courses that were not submitted. Runners who know that they have achieved times that are better than the Honor Roll Target Times shown in the Honor Roll listings can help correct this situation by contacting the Race Director and requesting that they submit their results to the following address:

Millard L. Crook, 15 Circle Drive, Mulvane, KS 67110

Also, some of the results submitted were not complete and some did not list exact ages, hometowns, or even enough information to determine the proper age group. We also urge both runners and Race Directors to please furnish corrections to the data listed. Many, many hours of research have gone into making the data as complete and accurate as possible.

REQUIREMENTS FOR STATE RECORDS

1. A road race course must be accurately measured by an USATF certifier and his certification papers filed with the USATF Road Running Technical Council. The Race Directors must also assure that their race is run on that course as certified with no deviations due to construction, missed turns, or other types of extenuating circumstances. Race Directors must also assure that the race was properly timed.
2. Only the following distances are currently certifiable for Kansas Records: 2 Mile, 5 KM, 4 Mile, 8 KM, 12 KM, 15 KM, 10 Mile, 20 KM, 30 KM, Half Marathon, and Marathon. There are currently no known certified 20 KM or 30KM courses, and only one 12 KM race was run in Kansas in 2006.
3. All times are maintained only in whole seconds. Fractional times must be rounded UP to the next whole second, even if it is only 1/100th. For example, 12.01 seconds = 13 seconds. Race results received that are already rounded to

seconds are assumed to have been rounded down, and one second will be added to each time unless the Race Director notifies us that the proper rounding procedure was used.

4. Aided courses: An "Aided Course" is defined as a certified course that is run from point-to-point, such that a runner could benefit from a significant downward elevation change or obtain aid from a prevailing wind over most of the race course. Marathons and half marathons are generally excluded from this rule. Honor Roll times achieved on an Aided Course will be listed, but with an "A" tag next to the time (Col K), and no aided time will be considered for a state record. (**Webmaster note: The current webpage listings do not show Column K codes due to a space limitation, but they will be added in the near future.**)
5. State Records can easily be noted when viewing the Honor Roll listings - there is also a summary of records by distance and age group in a separate file. If the State Record was set by a non-Kansas resident or foreign runner (coded as FN), the Kansas Resident record is also listed with a star (*) in Column K of the listing. (**Webmaster note: See the note above about Column K.**) Times achieved in relay events are not eligible for State Records, but are listed in the Honor Roll, IF the times were properly rounded "UP" for each team member.

HONOR ROLL TARGET TIMES

All individual times that meet or better the listed "Target Time" established for each age group and distance will become a permanent record in the State Honor Roll files. However, these Target Times (abbreviated T.T.) are subject to being updated from time to time to stay in line with changes in the World Masters Athletics published factors for each distance and age within that distance. Our regional T.T.'s are then adjusted to be more attainable than the World Factors. Our regional factors are also sometimes adjusted when it becomes obvious that our T.T.'s are too slack or too difficult to attain. In the primary Honor Roll, all times are listed that bettered the T.T.'s in any single age group during the past 2006 racing season. This is followed by the "ALL TIME BESTS" list that shows only the "best" time that each individual has achieved since the start of course certification in Kansas in the 1970's. Additional T.T.'s achieved by each individual are shown in the Log File APPENDIX listed at the end of each distance file. (**Webmaster note: Due to the size of many of the APPENDIX files, there is a separate internet web page for most of the APPENDIX files to shorten the time needed to load in your internet browser.**) Also note that in many instances we list some BEST TIMES that are inferior to the T.T. for more depth and visibility.

AGE GROUPINGS

OPEN - This grouping includes all ages, but is the only group in which ages 20 - 34 can be listed. The other age groups are:

12 & Under	13-15	16-19
35-39	40-44	45-49
50-54	55-59	60-64
65-69	70-74	75-79
80-84*	85 & Up**	

* At present, most distances except the 5KM have only an "80 & Up" group, and some of the longer distances may not have any achievers in this group.

** A "90 & UP" group may be established for some distances.

Because of the relatively tough Target Time standards in the OPEN group for the 5KM, 8KM, and 10KM distances, Target Times for Kansas residents are not as stringent - so there is an addendum set up for "Kansas Additions" at the end of these OPEN group listings.