

# Wilderness Park 5K

Sponsored by Girard Medical Center  
Physical Therapy Department



Saturday, April 9th  
Registration: 7:00am/Race: 8:00am  
Wilderness Park, 907 W. McKay, Frontenac

Registration: \$ 15 in advance, \$ 11 without t-shirt (by April 1)  
\$ 18 day of, t-shirt based on availability

<u>Divisions: Men and Women's</u>	
<small>(Medals awarded to 1st and 2nd place in each division)</small>	
14 years and under	15-19 years
20-29 years	30-39 years
40-49 years	50+ years

Registration form may be dropped off at Girard Medical Center, or at any of the GMC clinics in Arma, Cherokee, Girard or Frontenac. Forms may also be mailed to:

Girard Medical Center, Attention: Tobi Ohara, 302 N. Hospital Drive, Girard, KS 66743  
Or Fax to (620)724-5291.

For more information, contact the Physical Therapy Department at (620)724-5159.

Name \_\_\_\_\_ Male/Female Age on Race Day \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Shirt Size \_\_\_\_\_

In entering this race, I understand that cross-country racing is strenuous and I hereby waive, release and discharge the City of Pittsburg, Girard Medical Center and persons connected with this event for illness, injuries and damages suffered as a result of participation in this event. (This entry form MUST be signed )

\_\_\_\_\_  
Signature of Participant or Guardian if under 18 years

